

GET INVOLVED!

If you and your students are feeling inspired by the information and lessons in this pack, you can do more! See below for ways you can get more involved with NAT:

FUNDRAISE FOR NAT

NAT is completely independent, so we can challenge injustice wherever we see it—always led by the issue and not where the money is. However, this also means our work is only possible because of the generosity of our supporters.

Hundreds of schools hold fundraising events for NAT on World AIDS Day each year and it couldn't be easier to do. Take a look at the [fundraising page](#) on the World AIDS Day website and get ideas from our [fundraising pack](#). You can also order free, awareness-raising red ribbons for your school from our [online shop](#).

If you can't find what you need or need some inspiration, contact our fundraising team at fundraising@nat.org.uk or call us on 020 7814 6767 – they'll be happy to help.

VOLUNTEER WITH US

If you think you can spare some time, please get in touch and let us know what you're good at. We'd love to hear from you!

We offer challenging and rewarding volunteering opportunities with continuing training and support, based at home or in our London office. Check out the [Volunteering page](#) on our website for more information and to discover current volunteering opportunities.

BE AN HIV ACTIVIST

The NAT HIV Activists Network allows you to add your voice to our movement—enabling us all to fight harder for the rights of people affected by HIV and drive improvements in HIV education, prevention and testing. Members must be aged 16 or over.

Being a member involves taking quick, simple e-campaign actions to challenge injustice. NAT identifies current issues, contacts you with background information and resources, and tells you what you can do. You can take action on as much or as little as you like.


Just some of our successful actions include:

- Forcing the NHS to re-consider its decision to refuse to fund PrEP
- Fighting fake news about HIV
- Demanding that relationships and sex education (RSE) is statutory and LGBT-inclusive.

Anyone living in the UK with the desire to bring about change can join. For more information and to sign up to the network, take a look at the [HIV Activists page](#) on our website.

NATIONAL DAYS OF ACTION

There are many annual awareness raising and remembrance dates each dedicated to addressing issues affecting people living with, affected by or vulnerable to HIV. Relating your own activity to one or more of the annual awareness raising or remembrance dates will raise the profile of your activity and present an opportunity to explore important issues with students. You can find out more about each awareness day by researching them online.

<p>JANUARY</p>	<p>FEBRUARY</p> <ul style="list-style-type: none"> ▶ LGBT History Month ▶ 20th – World Day of Social Justice 	<p>MARCH</p> <ul style="list-style-type: none"> ▶ Women’s History Month ▶ 8th – International Women’s Day ▶ 31st – International Transgender Day of Visibility 	<p>APRIL</p> <ul style="list-style-type: none"> ▶ 17th – World Health Day
<p>MAY</p> <ul style="list-style-type: none"> ▶ 17th – International Day Against Homophobia, Transphobia, and Biphobia 	<p>JUNE</p> <ul style="list-style-type: none"> ▶ LGBT Pride Month ▶ Mid-June⁵ – Men’s Health Week 	<p>JULY</p>	<p>AUGUST</p> <ul style="list-style-type: none"> ▶ 12th – International Youth Day
<p>SEPTEMBER</p> <ul style="list-style-type: none"> ▶ 5th – International Day of Charity ▶ 23rd – Bi Visibility Day ▶ Late September⁶ – Sexual Health Week 	<p>OCTOBER</p> <ul style="list-style-type: none"> ▶ Black History Month ▶ 10th – World Mental Health Day 	<p>NOVEMBER</p> <ul style="list-style-type: none"> ▶ 16th-20th – Anti-bullying Week ▶ Mid-November⁷ – Trans Awareness Week ▶ 19th – International Men’s Day ▶ Late November⁸ – National HIV Testing Week ▶ 20th – Transgender Day of Remembrance 	<p>DECEMBER</p> <ul style="list-style-type: none"> ▶ 1st – World AIDS Day ▶ 10th – International Human Rights Day 

⁵ As dates change slightly each year, check exact dates at the [Men’s Health Forum](#) website.
⁶ As dates change slightly each year, check exact dates at [FPA’s](#) website.
⁷ As dates change slightly each year, check exact dates at [GLAAD’s](#) website.
⁸ As dates change slightly each year, check exact dates at [HIV Prevention England’s](#) website.