

# WORLD AIDS DAY

## HIV IN THE UK

World AIDS Day is celebrated annually on 1st December

Created by NAT (National AIDS Trust)



Supported by Owen Mumford



# OVERVIEW



- Key facts about HIV
- What it's like to live with HIV
- What can you do?

# WHAT IS WORLD AIDS DAY?



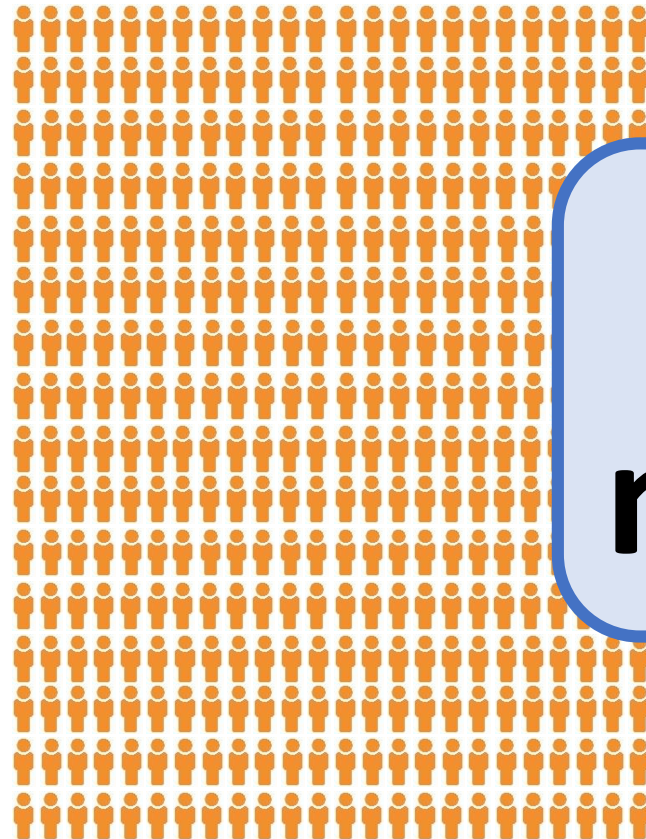
- World AIDS Day (WAD) is held every year on 1st December to raise awareness about HIV.
- It is a day to show support for people living with HIV, remember those who have lost their lives because of HIV and learn the facts and realities of HIV today, in the UK and worldwide.

# WHAT IS HIV?



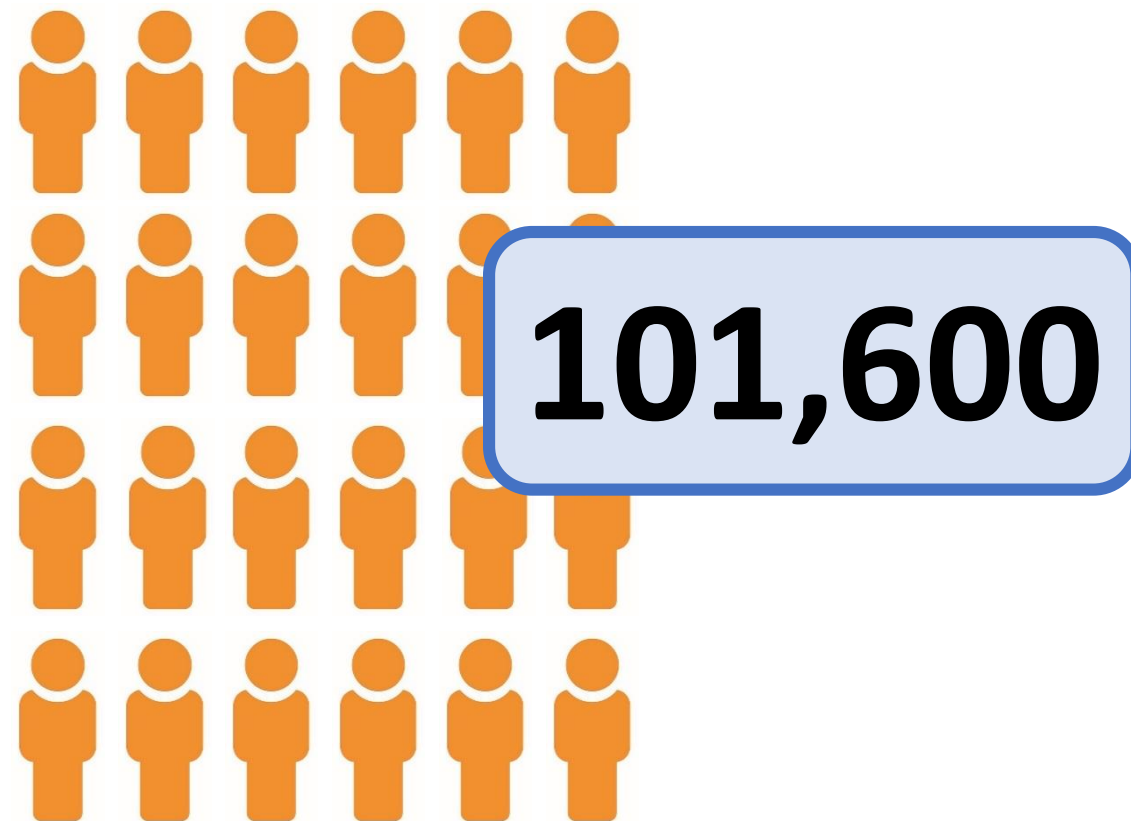
- **HIV** is a virus that attacks the body's immune system. It stands for Human Immunodeficiency Virus (HIV).
- **HIV is the not the same as AIDS.**
- **AIDS** stands for Acquired Immune Deficiency Syndrome and can develop when HIV damages the immune system to such an extent that it can no longer fight off a range of infections it would normally cope with.

# HOW MANY PEOPLE ARE LIVING WITH HIV GLOBALLY?

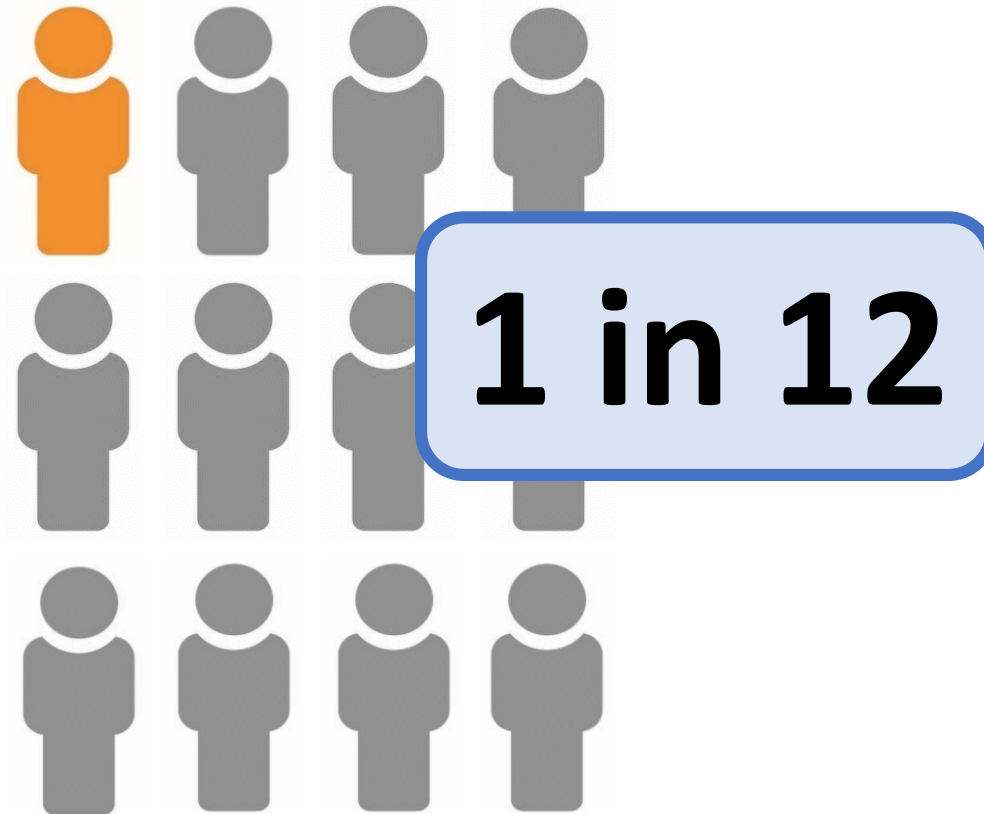


**37.9  
million**

# HOW MANY PEOPLE ARE LIVING WITH HIV IN THE UK?



# HOW MANY PEOPLE ARE LIVING WITH HIV IN THE UK BUT DON'T KNOW THEY HAVE IT?



# HOW HIV IS PASSED ON

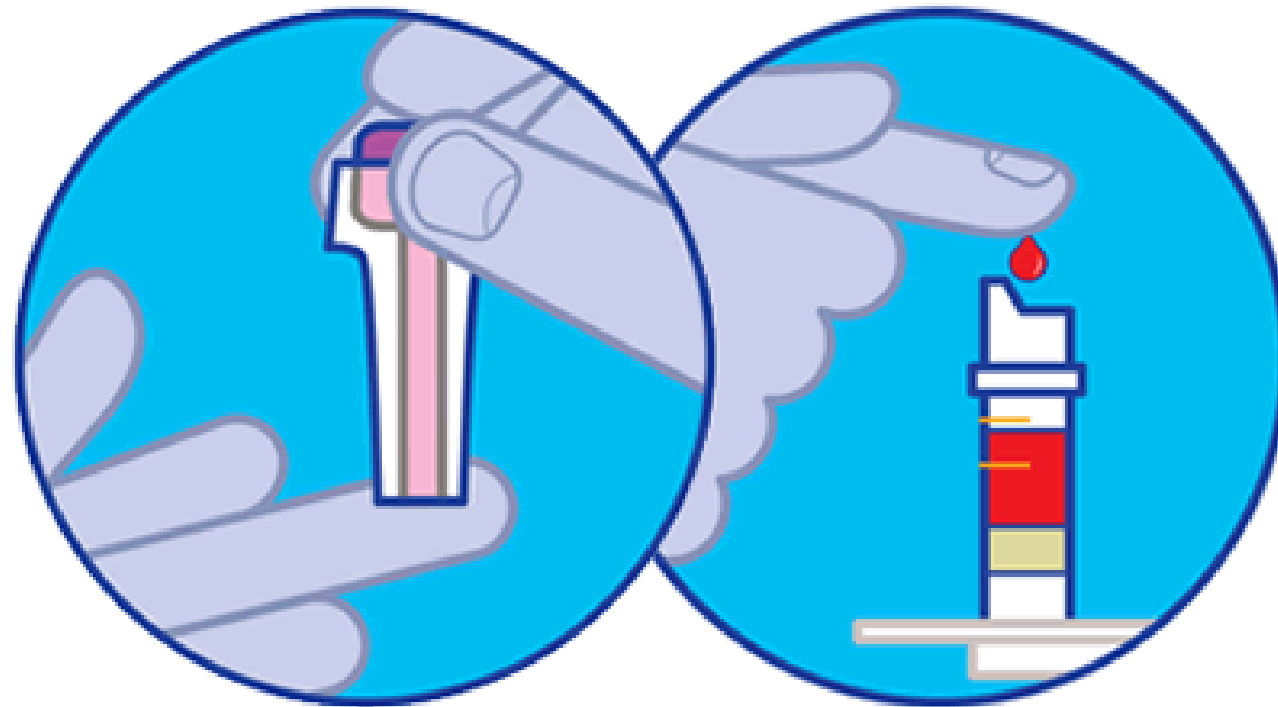




# HOW TO PREVENT HIV



# GETTING TESTED FOR HIV



# HIV TREATMENT



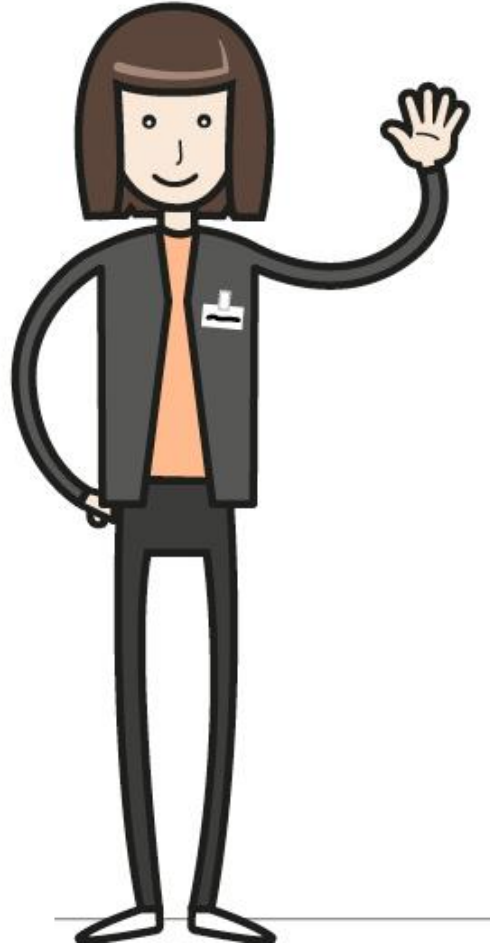
Image source: [Changing Perceptions](#)

# LIVING WITH HIV



**HIV Stigma** def. *When people living with HIV are judged and treated badly because of prejudice and assumptions about HIV.*

# LIVING WITH HIV



## MARY, AGED 45, LONDON

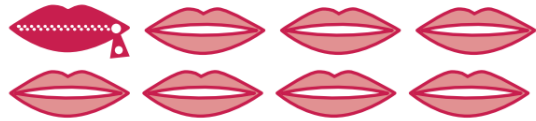
*“My friends were such a source of support for me during this hard time...”*

*“I stopped looking for a relationship because I feared the stigma and discrimination I would face...”*

*“...he still wanted me regardless of my status”*

*“I never told any member of my family and I don't intend to in the near future...”*

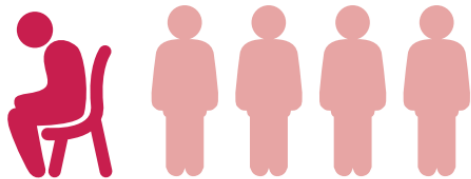
# LIVING WITH HIV



**1 in 8** said they had never told anyone about their HIV status other than healthcare professionals



**1 in 3** worried that they would be treated differently to other patients



**1 in 5** people needed help with loneliness and isolation in the past year



**1 in 10** had actually been denied or refused a health treatment or procedure that they needed

# WHAT CAN YOU DO?

- #RocktheRibbon
- Challenge HIV stigma
- Treat people living with HIV with respect
- Organise a fundraiser for an HIV organisation



# SUMMARY



- HIV is a virus that attacks the body's immune system. It is not the same as AIDS.
- With effective medication, people living with HIV can't pass on the virus and can live as long as anyone else.
- HIV stigma can make life difficult for people living with HIV.
- You can support World AIDS day by wearing a red ribbon, keeping yourself and others informed about HIV and treating people living with HIV with respect.





# WORLD AIDS DAY 2019



NAT (National  
AIDS Trust)



@NAT\_AIDS Trust



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